

Book
TODAY

Registered Dietitian

are you seeking clinical dietary advice?



Affordable dietitian service is now available in Pukekohe. Our Registered Dietitian Angela believes that eating healthy should be an enjoyable and stress-free journey.

Angela follows the latest evidence-based recommendations while taking into account your clinical circumstances. Together, Angela can help you set realistic and feasible ways to achieve your health goals.

We provide Dietitian Nutrition Services:

- **Initial comprehensive dietary assessment (One Hour):**
Coeliac Disease, Diabetes, Hypertension, Hyperlipidaemia, Heart disease, IBS, Pregnancy, Low Iron, PCOS, Weight management, COPD, Malnutrition etc
- **Personalised follow-ups and reviews (30 Minutes)**
- **Nutrition-related resources provided according to your needs**
- **Meal plan specially designed for individual's nutritional requirements**

New Zealand Registered Dietitian Angela Dawn Yu, MSc in Nutrition and Dietetics



**PUKEKOHE SOUTH
DOCTORS**

www.pukekohesouthdoctors.com

Exceptional Nutrition Consultations

Prices: First consultation \$95, Follow up \$47.50

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Self referrals and GP referrals are welcome! Book now

CALL 09 237 0286 OR EMAIL to schedule your appointment

angela@pukekohesouthdoctors.co.nz